



<http://globicyclette.free.fr/>

# The World, Feet in the Air!

*Around the world  
on recumbent bikes*

*July 2007 - July 2009*

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This folder presents a summary of our project.

More details are given on our web site:

<http://globicyclette.free.fr/>



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# 1. THE PROJECT



## *In a few words...*

### ➤ What ?

A trip around the world on recumbent bikes.

### ➤ Who ?

Amanda Searby and Olivier Boutard, 28 year old each. She is a post-doc in bioacoustics in the United States, he is a microbiologist and finishes nurse school in Montpellier, France.

### ➤ When ?

A two-year long trip, from July 2007 to July 2009.

### ➤ Where ?

Around the world from East to West, through West-Africa, Latin America, New Zealand, South-East Asia, Middle-East and North-Africa.

### ➤ How ?

On recumbent bikes, feet in the air! And in total autonomy.

### ➤ Why ?

Why not ? ...Our meeting in the « Terres Australes » has placed our relationship under the sign of travel. Five years of life together have allowed us to mature a common youth dream...

We have decided to travel by bike for two years around the world. This adventure corresponds to our need for discovering other countries, sharing other cultures, but also discovering ourselves and our couple.

The choice of bicycles as a mean of transport offers us a sporty travel, at a human scale, that helps us appreciating the real value of each kilometer. We have added the originality and comfort of recumbent bikes, since the world is much more interesting when we pedal over it on our back... feet in the air!

**...Would you like to share this adventure?**

## 2. THE ACTORS



### AMANDA SEARBY

### OLIVIER BOUTARD

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[asearby@whoi.edu](mailto:asearby@whoi.edu)

[moustiqueboutard@yahoo.fr](mailto:moustiqueboutard@yahoo.fr)

#### Age

28 (born 19/06/1977 in Nice, France)

28 (born 20/06/1977 in Paris, France)

#### Present position

Post-doctoral biologist in the USA (Cape Cod)

Student in nursing school (3rd year)

#### Diplomas

Ph. D. Thesis in Animal Ecology  
« Agrégation » in Natural and Earth Sciences

“BTS” of Biotechnology

#### Languages

English (bilingual), Spanish, German

English

#### Activities

Recumbent bike, hiking, trekking, diving (autonomous), monobike

Guitar (10 years), sailing, climbing (5.9)

Climbing (5.11), astronomy, boy scouts (15 years)

#### Miscellaneous

First Aid and CPR certified

Four years of Biology teaching at the University of Montpellier, France, at undergraduate and graduate level.

Publication of international scientific articles and public presentations on animal behavior (Scientific American, BBC radio, French Television 3, Science Fairs, conferences in hospitals)

Between 2 and 16 year old: one month a year on the family sailing boat in the Mediterranean.

Recording of penguins in the French subantarctic territories (Crozet island), and of numerous cetaceans at sea (Vancouver, Florida, Ligurian sea)

See also : <http://www.whoi.edu/people/asearby>

and : <http://amsearby.free.fr>

One year spent on a French subantarctic island (Crozet) as a volunteer for scientific work: experiments on thermoregulation in king penguins, metabolism and population biology of the great albatross. Collaboration with the French National Research Center CNRS (1999-2000)

Humanitarian project of 5 months in Madagascar : creation of a library for children (2001)

“Brevet d’Aptitude a la “ (B.A.F.A.) : diploma for ; Work during 5 years with children as a responsible for French Boy Scouts

#### Visited Countries

Norway (1300 km on recumbent bikes), « Terres Australes et Antarctiques Françaises », La Réunion, Mauricius, USA, Canada, Spain, Italy, England

Maldives, Egypt, Scotland

Switzerland, Madagascar, Tunisia



## 3. ITINERARY AND CALENDAR

### In short :

- Far from looking for sterile accomplishments or from collecting names of visited countries, this « world tour » is quite far from its circummeridian definition... we have chosen our itinerary to step on the five continents, and to bike through the countries that appealed most to us. The resulting schedule also takes into account political and climate constraints.
- 760 days of travel
- More than 33 000 kilometers on our bikes.
- 30 countries.
- We plan on a mean distance of 55 Km. a day, including potential detours or unforeseen events.
- A break of **80 days dedicated to a humanitarian project in Cambodia**. We are presently in contact with the French Association of Solidarity in Cambodia, and are setting up a project in Battambang.
- The following pages present the cartography and calendar of our itinerary. Let us specify that this is only an estimated route, which might be modified according to unexpected meetings or other events.

### Visited Countries :

Europe and Middle-East : Iceland, Georgia, Armenia, Turkey, Syria, Jordan, Israel, Italy, France

Africa: Morocco, Mauritania, Senegal, Egypt, Libya, Tunisia

South America: Peru, Bolivia, Argentina, Chili, Easter Island

Oceania: New-Zealand

Asia: Russia, China, Tibet, Kirghizstan, Kazakhstan, Mongolia, Vietnam, Laos, Thailand, Cambodia.

## CARTOGRAPHY OF OUR ROUTE



## CALENDAR OF OUR ROUTE

Date	Country	Biking distance (km)	Duration (days)
Jul. 07	France	-	-
PLANE			
Jul. 07	Iceland	2031	41
PLANE			
Aug. 07	Morocco	1133	22
Sep. 07	Mauritania	1427	29
Oct. 07	Senegal	355	7
PLANE			
Oct. 07	Peru	1655	38
Nov. 07	Bolivia	1067	19
Dec. 07	Argentina	5568	101
Mar. 08	Chili	ferry + train	8
PLANE			
Apr. 08	Easter Island (Chili)	100	5
PLANE			
Apr. 08	New-Zealand	2061	37
PLANE			
TRAIN			
May. 08	Mongolia	1667	30
Jun. 08	Russia	819	19
Jul. 08	Mongolia	924	17
Aug. 08	China	1323	24
Aug. 08	Kazakhstan	180	4
Sep. 08	Kirghizistan	1260	23
Sep. 08	Tibet	2238	54
TRAIN			
Nov. 08	Vietnam	1385	25
Dec. 08	Laos	730	14
Jan. 09	Thailand	1202	22
Jan. 09	Cambodia	423 (+ 80)	88
PLANE			
Apr. 09	Georgia	80	2
Apr. 09	Armenia	240	4
Apr. 09	Turkey	822	15
May. 09	Syria	816	15
May. 09	Jordania	214	4
May. 09	Israel	100	2
May. 09	Egypt	340	7
Jun. 09	Lybia	719	15
Juin. 09	Tunisia	986	18
FERRY			
Jul. 09	Sardinia (Italy)	498	10
FERRY			
Jul. 09	France	800	14
<b>TOTAL</b>	<b>30 countries</b>	<b>33163 Km</b>	<b>760days</b>

# 4. RECUMBENT BIKES ?



## ▪ Bents ...

We have chosen strange biking devices: laid down bicycles, or "recumbent". Tested in Norway on 1300 km, they present a perfect combination of comfort, efficiency and originality: feet in the air!

No more pain in the back, buttocks, neck, shoulders, wrists... The body rests on the seat in a position that facilitates breathing, even in the steepest slopes... Not even mentioning the great sight!

Our bikes are "Pioneer" models, from the brand NAZCA. Few retailers sell them in France. We found them in Angers, at « Cycles Zen » ([www.cycleszen.com](http://www.cycleszen.com)), whose enthusiasm, advices and sponsors we grandly appreciated.



## ▪ What about luggage?

We will carry about 60 Kgs. of gear and food for two, distributed into a set of satchels and a one-wheeled-trailer (brand "BOB YAK"). The satchels are home-made, and are protected from the rain by removable waterproof covers. The bag in the trailer is waterproof. The whole system has been successfully tested in Norway (17 days of rain in one month...).

# 5. BUDGET

Expenses (€)	
Sleeping gear + tent	1104
Bikes + repair gear	4448
Kitchen devices	641
Photos	2964
Clothes	2360
Power (batteries, solar panel)	407
Maps, GPS and notebooks	1571
Vaccination	420
Insurances	3200
Forms and visas	620
Mails - Internet	580
Transportation (under negotiations)	(14514)
Food - Lodging	10640
<b>Total</b>	<b>43059</b>
Unforeseen emergencies : + 5 %	2153
Health emergencies : + 5 %	2153
<b>TOTAL</b>	<b>47365</b>

Income (€)	
Personal contributions:	
- Re-usable gear	4728
- <b>Savings</b>	<b>25000</b>
Gear provided by sponsors:	
- NAZCA / Cycle Zen : 13 % rebate on bikes	432
Money from sponsors:	?
Fund-raising operations:	
- T-shirts sale	
- Postcards	
- "Give us a hand" (estimated income)	5050
Gifts from individual benefactors (more to come)	193
<b>Total (predicted)</b>	<b>35403</b>
<b>We still need...</b>	<b>11962</b>
<b>TOTAL</b>	<b>45317</b>



## Details for expenses

A detailed budget for each expense category can be found on our web site:

<http://globicyclette.free.fr/aa-budget/budget.htm>

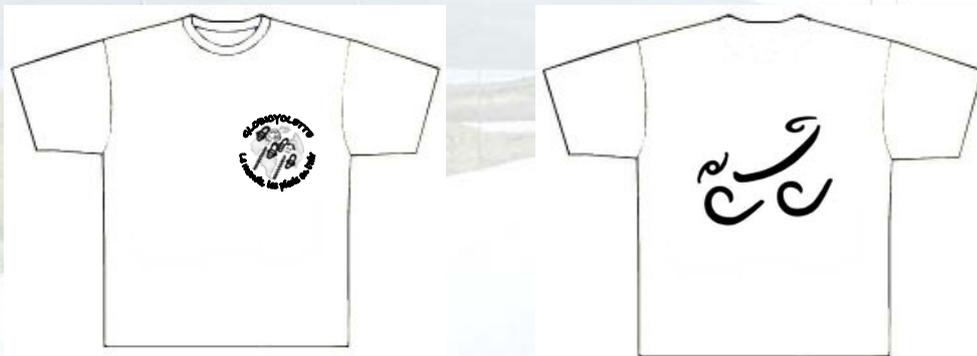
## Details for income

More than half of our income comes from personal contributions. The rest is divided between a financial or material support from our sponsors, and benefits from fund-raising operation. Here is what we will propose on our web site :

### ➤ Operation « a T-shirt to wear... feet in the air! »

T-shirt sale: printed T-shirts « The World, Feet in the Air », presenting our logo.

Prototype (under revision):



Mean price for a printed T-shirt (alohagrafic.com) : 4 €

Selling price on our web site : 10 € (plus shipping)

Benefit per T-shirt: 6 €

Estimation of number of T-shirts sold: 300

Estimation of total benefit: 1800 €



### ➤ Operation « Postcards from the world »

In exchange of 40 euros, we will send five personalized postcard from five selected countries (8 euros per postcard)

Mean price of a postcard plus shipping: 3 €

Asked price (per postcard) : 8 €

Benefit per postcard: 5 €

Estimation of number of postcards sent: 250 (50 packs of 5 cards)

Estimation of total benefit: 1250 €

### ➤ Operation « Give us a hand »

For anyone who would like to “give us a hand”: they can virtually help us to “push our bikes” on 100 kilometers.

Each “push” for 100 km. will cost 10 euros. On these 10 euros, if the donator wishes so, **50% will then be given to our partner, the international association “Doctors without Borders”** (“Médecins sans Frontières”, <http://www.doctorswithoutborders.org/>).

In exchange for their gift, donators will receive a personalized certificate that will describe which kilometers they have contributed to help us on. It will also depict the anecdotes and the interesting or beautiful things encountered during that period. A list of the benefactors will be in free access on our web site.

Mean price for certificate shipping: 1 €

Benefit for one “push”: 4 €

Estimation of number of “pushes” given: 500

Estimation of total benefit: 2000 €

### ➤ Summary of fund-raising benefits :

Operation « T-shirts » : 1800 €

Operation « Postcards from the world »: 1250 €

Operation « Give us a hand »: 2000 €

TOTAL : 5050 €

# 6. YOUR SPONSORSHIP ?

## Being a partner on our project, that means:

- Associating your company to an **idea of dynamism and openness on the world**, to an image of enthusiasm, determination, adventure spirit and contact with nature.
- **Free photographs** carried out to your request, presenting your brand in striking landscapes around the world.
- The opportunity to **test your gear** over 2 years, under intense and demanding conditions, followed-up by a detailed and personalized report on our return.
- **Interactive advertising inserts** with comments, on the first page of our Web site, giving access to your web site on a simple click.
- The presence of **your name and logo on all physical supports** of our project, especially during photograph presentations, conferences, publications, etc.
- **Mention of your company and your products** at the time of any contact **with the press**, radio or television.
- **Promoting a humanitarian step** through our 80 days-project of voluntary help in Cambodia.



**Will you follow us? ...**